



SALLISAW PUBLIC SCHOOLS

Eastside Elementary School

Breakfast and Lunch Menu

August 2023



Alternate Cereal choice available daily for Breakfast

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Fresh Fruit and Vegetable Bar available daily.</p>		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2023-2024 school year.</p>		
7	8	9	10	11
			Sausage Biscuit Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
			CornDog Broccoli and Cheese Fruit Milk	Pepperoni Pizza Sweet Corn Fruit Ice Cream Milk
			SAME	SAME
14	15	16	17	18
Sausage and Cheese Biscuit Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Yogurt and Toast Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Hot Dog Pasta Salad Potato Smiles Fresh Fruit and Vegetable Bar Cookie Milk	Soft Beef Taco Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Popcorn Chicken Mashed Potatoes Gravy Hot Roll Fresh Fruit and Vegetable Bar Milk	Spaghetti w/ Meat Sauce Green Beans Breadstick Fresh Fruit and Vegetable Bar Milk	Cheesy Breadsticks Marinara Dipping Sauce Tossed Salad Fresh Fruit and Vegetable Bar Jello Milk
Corndog/Veggie	SAME	Nuggets/Potato/Roll	SAME	Pizza/Veggie
21	22	23	24	25
Ham and Cheese Biscuit Fruit Juice, Milk	Waffles Fruit Juice, Milk	Oatmeal and Cinnamon Toast Fruit Juice, Milk	Long John Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Toasted Cheese Sandwich Tomato Soup Goldfish Fresh Fruit and Vegetable Bar Cookie Milk	Burrito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken and Waffles Strawberries Syrup Cup Fresh Fruit and Vegetable Bar Milk	Baked Potato Bar "Fixins" Garlic Toast Fresh Fruit and Vegetable Bar Milk	Sub Sandwich w/ SunChips Lettuce, Tomato and Pickles Brocoli w/ Ranch Dip Sidekick Fresh Fruit and Vegetable Bar Milk
Corndog/Veggie	SAME	Nuggets/Potato/Roll	SAME	PBJ/Cheese Stick/Veggie
28	29	30	31	1
Sausage, Egg & Cheese Biscuit Fruit Juice, Milk	Pancakes Fruit Juice, Milk	Breakfast Nacho's Fruit Juice, Milk	Oatmeal and Toast Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Cheeseburger Vegetarian Beans Lettuce, Tomato & Pickle Fresh Fruit and Vegetable Bar Cooke Milk	Beef Nacho's Spanish Rice Salsa Fresh Fruit and Vegetable Bar Milk	Salisbury Steak Mashed Potatoes Gravy Hot Roll Fresh Fruit and Vegetable Bar Milk	Tator Tot Casserole Steamed Broccoli Sliced Bread and Butter Fresh Fruit and Vegetable Bar Milk	Meatball Sub Shredded Cheese Seasoned Carrots Fresh Fruit and Vegetable Bar Yogurt Fluff Milk
Corndog/Veggie	SAME	Nuggets/Potato/Roll	SAME	Pizza/Veggie

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.